



YOUNG VOICES:

Life With Diabetes

October 2008

Dear Science or Health Educator:

Included on this website are materials to assist you with incorporating the study of diabetes into your existing curriculum, and helping to raise awareness among students about this chronic health condition. The statistics may surprise you: 24 million people in the United States - 8% of the population - have diabetes, and their risk increases with age. Based on an average classroom size of 20 students, that translates to one to two students in each class you teach that may have or go on to develop diabetes.

Novo Nordisk, Discovery Health and Discovery Education are proud to bring you this multimedia resource, which contains NSES aligned resources for 9th to 12th graders that can be included in your health or science curriculum.

These resources include:

- Five lesson plans for use in your health or science classroom, explaining the biology of diabetes and related nutrition and health topics;
- Streaming video content featuring profiles of young adults with diabetes, experts providing simple answers to questions about the condition, information about common diabetes myths, and additional clips to enhance your science and health lessons;
- Student interactives with 3D animations to engage students in understanding diabetes.

Diabetes is and will continue to be a chronic health condition affecting Americans. Learning about diabetes will help students better understand the condition should it affect them, or a friend or family member, now or in the future.

We hope you find these resources helpful and share them with your fellow teachers to help students learn about this important health topic.

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